# LIVING EYE YOGA ASHRAM

Registered in

**World Yoga Federation | Department Of Cultural Affairs**

Reg. No. WYF/NAM/SL/129LEYA23 Reg. No. WTT/03707

## DIPLOMA IN YOGA AND MEDITATION TEACHER TRAINING COURSE

*This is to certify that*

**M Sujeewa Priyanthika**

*has successfully completed 500 hours of*
*Diploma in Yoga and Meditation Teacher Training Course*
*conducted by Living Eye Yoga Ashram.*
*This course consists of traditional yoga asana, pranayama, mudra, bandhas and shadkarma, meditation, relaxation techniques, yogic ethics, history and philosophy, yogic teaching methodology and practical teaching experience, mantra chanting, anatomy, yogic principles and life styles.*

*AUGUST 2023 - APRIL 2024*

Asanka Liyanage
Founder and Chief Instructor
of Living Eye Yoga Ashram, Sri Lanka

Dr. Dammika Gunawardena (MBBS, Diploma in Pathology, MD)
Consultant Haematologist, Senior Lecturer,
Department of Pathology, Faculty of Medical Sciences,
University of Sri jayawardenapura, Sri Lanka

**April 7th 2024**

Date

www.livingeyeyoga.com
livingeyeyoga@gmail.com

*Mindfulness and silence - Path to Immortality*